

**CHPC MINI and JUNIOR SUMMER CAMP COVID GUIDELINES 2020**

Dear All

I hope this letter finds you and your family well. In anticipation of camps next week this letter explains the protocols that we are all following in the current climate:-

Our priority is to ensure risks are minimised for our instructors and volunteers while making it safe and fun for members and their parents. Until things can be relaxed a little we have to follow the BEF rules to the letter.

Please don't compromise the camp organisers, instructors or venue by bending the rules. We have been advised by Central Office that we have to send any families home who are non-compliant.

**Obviously please do not attend camp if any member of your household is displaying any symptoms.**

- We aim for a maximum of 6 people in each bubble (ride for example). This includes the coach, and a nearby first aider who will be able to help the coach in case of any incident where the coach needs to look after a rider. The organisers have worked hard to provide rides that accommodate these restrictions.
- As we will be outside, and well distanced in a large field, we should easily be able to keep to the 2m Social Distance rules. The current guidelines allow 1m if protected by PPE (for example when giving out buns).
- Bearing this in mind, if sitting nearby and watching, make sure you keep that SD distance, and be respectful of others who might feel the need for more space. Keep away from the various bubbles as much as possible.
- Unfortunately SD means that members/parents must not go from one group to another group to see friends (ie keep to their own "bubble" of 6 max). If they want to talk to others outside their bubble they need to be AT LEAST 2m apart!
- As coaches are asked to keep a 2m distance from the member, therefore stirrup length and girths must be checked by the riders' accompanying person before starting each session. BEFORE CAMP please make sure all stitching on stirrups, girths and girth straps are in good condition and fit for purpose. Also check that stirrups correctly fit the rider's boot – not too snug or too wide. These are really important safety issues and are easily overlooked when members are growing so fast.
- Body Protectors must be worn for jumping over 90cm and for all XC. 2009 Purple tags or newer only.
- Hats need to be tagged with the PC turquoise hat tag – ask the organisers BEFORE CAMP if you need your hat to be checked and tagged. This link gives details of what the standards are: <https://branches.pcuk.org/curre/files/2019/01/Hat-Rule-2019.pdf>
- In general do not help with poo picking and pole lifting, as this will be done by the coach. If you do move poles/jumps etc you must use hand sanitiser before and afterwards, or wear gloves.

#### Arrival

- Parking of vehicles must be at least 10 metres apart.
- You will be emailed your rides before camp and as far as practical, please park in your rides.
- To maintain each social bubble, on arrival you will be directed to drive straight to a colour coded ride zone where you will return for lunch and have lunch with your ride and instructor who is in charge of your safety through the duration of the camp day. You will need to keep an eye on your horse whilst tied up to the lorry/trailer.

### Covid protection equipment

- **Bring your own PPE.** People need to be responsible for their own hand sanitisation and bring their own wipes to wipe down gate handle/ the loo handles before and after use and dispose of their own wipes – **CHPC will provide PPE for the coach/first aider only.**
- **MOST IMPORTANTLY everyone MUST wash/sanitise their hands before and after each session**
- Each child must take their named water bottle with them throughout the day as no drinks will be handed out by the organisers.
- Bring your own food and drink as apart from buns for the riders, no food will be provided.

### Other

- Please ensure the area around your trailer/lorry is cleared before you leave – no hay/haylage or droppings are to be left in the parking area at the end of the day. Bring a poo-picking solution so you can take droppings home with you in the trailer/lorry. There will be no muckheap provided, sorry!
- There is no running water on site so enough water needs to be brought for humans and horses for the full day.
- No dogs please.
- No photography on social media please, unless approved.
- Please respect the venue we are using by not touching gates or fencing etc where possible.
- We will have a portaloos on site, with sanitiser next to it, but again, please sanitise before and after use.

I am sorry there are so many rules, however we want to keep you safe by following official guidelines.

I hope you have a wonderful few days at camp, and please make sure you thank the organisers as they have worked extremely hard and gained several extra grey hairs to put these camps on for you to all enjoy.

Best wishes  
Harriet Saunders  
**District Commissioner**  
**Cotswold Hunt Pony Club**